



# Shining Waters Council Outdoor Skills Workshop

October 14-16, 2011

## Outline

	<b>Session</b>	<b>Description</b>
1	Camp cooking I	Covers cooking in the outdoors, nutritious meals & snacks, recipes ideas, introducing youth to cooking
2	Camp cooking II	Cooking techniques beyond the basics, making & using hobo stoves, reflector ovens, cooking with dutch ovens, over a fire, etc.
3	Camping	From safe camp layout to setting up tents, dealing with weather and the seasons, four-legged visitors, grey water disposal, etc.
4	Camp tools	Proper care, safety, use and maintenance (including repairs) of tools used at camp: knives, axes, saws, stoves, lanterns, etc.
5	Fire	Making fire starters, fire safety, building different types of fires, cooking over the fire
6	Geocaching	Using a GPS, getting started, coordinates, finding caches, creating caches, etc.
7	Hiking	An overview of hiking skills, day and night hikes, hikes with a purpose, gear, tracking, plant & animal identification
8	Knot tying - basic	Covers types and care of rope, basic knots and their uses, lots of practice
9	Knot tying - advanced	Advanced knot tying and techniques, decorative knots, activities with knots
10	Map & compass Navigation	Finding your way, compass bearings, reading topographical maps, using a compass/map, magnetic declination, etc.
11	Mobile camp	Planning for multi-day mobile camps, food, gear, lightweight travel, safety
12	Orienteering	Equipment, control points, techniques, following & putting together an orienteering course
13	Pioneering - basic	Types of lashings and their uses, practice lashing, making camp gadgets
14	Pioneering advanced	Learn how to construct advanced pioneering projects
15	Plants & trees	Identifying plants & trees, edible plants, poisonous plants, making useful things, project ideas from the natural environment
16	Primitive bushcraft	Making natural cordage, char cloth, bow drill, hand drill, carving wood, leathercrafts, campcrafts, etc.
17	Shelters	Types and use of shelters, materials, construction, throughout the seasons
18	Survival kits & skills	Making survival kits for different seasons or activities, use of survival kits, basic survival skills